



### **Terms of Engagement and Consent Form**

Good nutrition supports the body's natural defences and resistance. However, no claim can be made about the efficiency of any naturopathic nutritional treatment.

### **The Nutritional Therapist**

- Nutritional advice will be tailored to support medically diagnosed conditions and or health concerns agreed and identified by both parties.
- Nutritional Therapists are not permitted to diagnose or claim to treat medical conditions
- Nutritional Therapy is not a substitute for professional medical advice and treatment.

### **The Patient**

- You are responsible for contacting your GP or specialist about any health concerns you may have.
- Please advise your GP of the Nutrition protocol you will be following. Please also advise any other complementary medicine practitioner you are consulting.
- It is important that you tell your practitioner about any medical diagnosis you have received any prescription medication, herbal medicine, or food supplement or over the counter medication you are taking as it may effect the nutritional programme.
- If you are unclear about any part of your treatment plan then you should contact your practitioner immediately for clarification.
- Your nutritional programme and supplement plan will have a time frame and you should not continue with recommendations outside of this unless agreed by your Nutritional Therapist. This is to avoid any adverse reactions
- Please report any concerns about your programme to your Nutritional Therapist for discussion at your next consultation.

I understand the above and agree that our professional relationship will be based on the above content of this document.

### **Signed Agreement**

Name of patient

Name of practitioner

Signature

Signature

Date

Date